

emphasys centre

Erasmus+ Courses

Online Safety and Internet Addiction

Our digital world is changing rapidly. New ways of communication appear and while using them, we expose ourselves to new threats and risks.

It is easy to use social media: posting photos with your friends, sharing your location at a party... But how safe is it to use them so recklessly?

With this course you will learn the basics about Internet Security, the dangers you might face online, how to prevent unauthorized access of your data and how to protect your online identity.



CULTURAL EXPERIENCE

- A multicultural and diverse experience
- Rich cultural program
- Visits to schools
- Nicosia City Walk & Bicycle tours

POSSIBILITIES FOR FUNDING

- Schools, organisations, non-governmental organisations (NGOs) can apply for staff mobility funding to support the professional development
- Funding is offered through the Erasmus+ program under the KA1 (Key Action 1) Learning Mobility of Staff

EXPERT ADVICE AND GUIDANCE

- Staff made of qualified, experienced, dedicated and enthusiastic teachers
- Main objective is to implement a high quality training course, which will lead the learner to success

CONTACT US FOR SUPPORT

- Individual guidance and support for the application process can be provided
- Useful information and step-by-step guidance can be found on our website
- You can also contact us by email or telephone for any inquiries you may have

MON

An introduction to Internet addiction. What is it? Learn the dangers of online addiction and self-reflect on your own use.

TUE

Learn the basic concepts of Internet Security. Identify the threats that exist in the Internet world and learn more about antivirus software. Do you know what Social Engineering is? Learn how to secure your computer files, prevent unauthorized access to your data and also the safest way to back up your personal data

WED

Learn how to remove completely files from your computer and your Internet history. Understand the meaning of Safe Browsing

THU

Familiarize yourself with Social Media Security and how to improve it by making your own social media accounts safer and more private. Learn the dangers of sharing personal information.

FR

How much do you know about Cybersecurity? Understand the meaning of cyberbullying and how to identify if someone is bullied or is the bully.

SAT

Workshops-Presentation's-Portfolio-Evaluation

COUNTRY: CYPRUS

COST: €420 (FULLY FUNDED)

TARGET: YOUTH WORKERS AND (PRIMARY-SECONDARY) TEACHERS

LANGUAGE: ENGLISH, GREEK



<https://emphasyscentre.com/ict-training/european-courses/#courses>



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