

SKILLS FOR PARENTS

TRAINING SESSIONS FOR PARENTS & GUARDIANS



PARENTING IS A NEVER-ENDING LEARNING PROCESS

CONTACT INFORMATION



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OTHER INFORMATION

Languages

English, Greek
Linguistic Support in Spanish, French

Topics

- Internet Safety
- Screen Addiction
- Screen Time Management
- Online grooming
- Cyberbullying
- Digital Footprint
- Electronic Fraud (Phishing)
- Netiquette

ABOUT THIS COURSE

Improving your digital skills has become essential in today's digital world and digital parenting should be considered a life-long effort.

Join us at the Learning Hub and attend free training seminars and workshops designed specifically for parents and guardians that wish to upgrade their parenting skills on a variety of topics.

You will have the opportunity to improve your digital, communication and parenting skills and ultimately expand your personal growth.

Target Groups

- Parents and Guardians

Skills you will gain

- Digital skills
- Media literacy skills
- Communication skills
- Parenting skills



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MEET YOUR TRAINERS

Effi Hadjiacovou

BA Sociology
MA Advanced English Studies



Chrystalla Thrasylvoulou

(BSc) in Business Information
Technology
(MSc) Information Systems



Stelios Stylianou

BA Criminology
MSc Psychological Studies



Stavriana Yiorka

BA Psychology
MA Neuropsychology



Veronika Hadjipanayi

BSc Psychology
PhD Cognitive Psychology

